

Mudsock Quilters Guild Block of the Month for October 2025

“Stepping Stone to Fall”

Originally designed by Amy Gibson and appeared in *The Quilt Block Cookbook* 2016 Used with Permission

Block Unfinished = 12 ½”

Sew All Seams at ¼”

(Hint: It's just as easy to make two to four of these blocks once you make the strip sets!)

Materials:

Fabric A – Center Square 5” x 5” what you like about Fall or what you enjoy doing in the Fall.

Fabric B – First layer around should complement or contrast the center scene of Fabric A. Cut (2) 2 ½”x5”.

Fabric C – Same fabric as B. Cut (2) 2 ½” x 9”.



Fabric D1 – Tonal or lighter fabric. Cut (2) 2 ½” x Width of Fabric (WOF).

Fabric D2- Another tonal or fabric that complements the center square.

Cut (1) 3 ½” x WOF, then cut this strip in half.

Cut (1) 5 ½” x WOF, then cut this strip in half.

Piecing the Block:

Step 1: Pin and Sew Fabric B to opposite sides of the center square (Fabric A). Press the seam away from the center.

Step 2: Pin and Sew Fabric C to the top and bottom of the block. Press the seam away from the center.

Step 3: Create strip sets by sewing a Fabric D1 between the halved Fabric D2. You will have a strip set with 3 ½” on each side of the 2 ½” fabric, let's call this set Y, and another strip set with 5 ½” on each side of the other 2 ½” fabric, which we'll call set Z. Press the seam toward the wider Fabric D2 on each side of the strip set.





Step 4: Cut the strip sets created in Step 3 into 3 ½" wide segments.

Step 5: Fold each of the cut strip set Y's and the block thus far created in half, finger pressing (pinning or lightly marking) the center of each so that you can align the centers, pinning in place prior to sewing. Place a Y strip set on opposite sides of the piece already created. Pin at the halfway point on each, then sew. Press away from the center.

Step 6: Fold each of the cut strip set Z's and the block thus far created in half, finger pressing (pinning or lightly marking) the center of each so that you can align the centers, pinning in place prior to sewing. Place a Z strip set on opposite sides of the block piece already created. Pin at the halfway point on each, then sew. Press away from the center.

Step 7: Square your block to 12 ½" x 12 ½".

