[Blank] Candy Hearts

Block Size: 8 inches *Finished*

(No bordering fabric or sashing – this will be left up to the recipient)

Fabrics:

- "Print" A happy, bright pastel solid or print reminiscent of a candy heart. Please note: no sayings are to be added just let the fabric speak for itself. See the color samples on the next page for inspiration (Figure 1).
- "Background" A <u>white</u> fabric, either solid <u>white</u> or Tone-On-Tone monochromatic.

Supplies Needed Besides the Obvious:

- Sharp pencil
- ruler

Cutting List for Each Heart:

- (Two) 8 ½ inches by 4 ½ inches of the Print
- (Two) 4 ½ inches by 4 ½ inches of the Background
- (Four) 1 ½ inches by 1 ½ inches of the Background

Instructions:

• Gather the Background squares you just cut. Take the pencil and ruler and draw a diagonal line from corner to corner on the wrong sides each of the squares. See images on next page (Figure 2).



- Lay out the two (2) Print rectangles, right sides up. Place the two (2) large Background squares on the bottoms of the two (2) Print rectangles as shown. Sew along the diagonal lines. Trim to ¼" seam allowances. Press to set seams, then press seams on one half of the heart to the light side, then press the seams on the other half of the heart towards the dark side so your seams nestle against each other for nice sharp points. (Figure 3)
- Repeat for the small squares place the four (4) small Background squares along the tops of the two (2) Print rectangles as shown. Sew along the diagonal lines. ***NOTE Before you trim your bottom triangles away, compare the two halves against each other and make sure you have a Left and a Right!*** Trim to ¼" seam allowances. Press to set seams, then press seams opposite for sharp points. (Figure 4)

• Place the two (2) Print rectangles with their little Background pieces attached right sides together with the long section of the Print being the center of the heart. Sew down the middle seam with a ¼" seam allowance. Press to set seam, then press to the side of your choice. (Figure 5, Figure 6). Trim to 8 ½ inches <u>Un</u>finished (8 inches when finished).

Tah Dah!!!! Candy Heart Completed. Now go make a whole bunch more! 😇

Save the big triangle cut-offs and sew into HSTs right away to include in a future project!

Allison R. Heart has graciously granted her permission to use her Heart Block for our Candy Heart BOM. Visit her website at <u>www.cluckclucksew.com</u> for layout ideas and more inspiration! Click on the "Tutorials/Free Patterns" tab at the top of her website for the "Simple Hearts Quilt" tutorial. There is a free, printable Heart Block pattern at <u>www.cluckclucksew.com/wp-content/uploads/2015/01/Heart-Blocks-Pattern.pdf</u> or "Heart Block Pattern"



FIGURE 1 - SUGGESTED COLORS



FIGURE 2 - CUT PIECES



FIGURE 3 - PLACEMENT OF PIECES



FIGURE 4 - SEW AND TRIM LIKE THIS



FIGURE 5 - SEW THE HEART DOWN THE MIDDLE AS SHOWN

[Blank] Candy Hearts BOM Mudsock Quilt Guild February 2021



FIGURE 6 - COMPLETED HEART BLOCK (WITHOUT SASHING)